

Cynthia L. Stacey, aka: Thea Biography

Thea is singer-songwriter and renaissance woman, Cynthia L. Stacey. Cynthia was adopted and raised at the Musa Isle Indian Village, a traditional Seminole Indian village on the Miami River in South Florida. She spent all of her childhood summers in the Southern Appalachian Mountains of North Carolina. As a result of these early influences, Native American images and the subject of rivers and mountains weave their way through her songwriting. Her lyrics are socially conscious and empowering, her love songs poignant and deep. Cynthia has been performing since the age of ten and has released four recordings to date; *A Chance to Live: Children's Songs for Peace* which was used in the Public Schools "Teach Peace" program and endorsed by Dr. Helen Caldicott, *Planet We Ride*, *Thea*, and *Thea & the GreenMan LIVE*. Traveling extensively, she has performed to audiences across the US and in Europe, opening for such acts as Richie Havens, Peter Yarrow (Peter, Paul & Mary), Karen Taylor Good, and R. Carlos Nakai.



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Her involvement in Holistic & Alternative Medicine spans thirty years as a mother, midwife, herbalist, nutritionist, and childbirth educator. She was instrumental in founding the South Florida School of Midwifery which currently licenses professional lay midwives. During the 1980's in partnership with Dr. Lewis E. Mehl-Madrona, author of *Coyote Medicine*, Cynthia owned Mindbody Press and Evolutionary Press (Findhorn Books) and was the Executive Director of Resources for World Health where she worked with indigenous healers and medicine people from all over the world.

Cynthia is an experienced radio and television guest, lecturer and workshop leader. She has led workshops in Native American Spirituality and is a regular speaker at Unity and New Thought Spirituality Churches. She has also led songwriting workshops at Folk Festivals and taught a songwriting classes at the local community college. Cynthia recently had an essay published by the Frank Waters Foundation in a book titled, *Rekindling the Inner Light*. Her amateur photography has found its way into magazines, brochures and newsletters, and can be seen on her Thea's Kitchen web site. She is also an avid cook and gardener who is working on a cookbook entitled; Thea's 'Organic' Kitchen. Together with her husband Charles E. Willhide, aka: the GreenMan, she owns StarPony Electronics, a RadioShack Dealer, and StarPony Productions; a digital hard disc recording studio and production company. They reside in beautiful Highlands, North Carolina, in the mountains of Cynthia's childhood summers.

You can find her on the web @ <http://www.theaandthegreenman.com>
theaskitchen.com
starpony.com