

# Thea's Organic Kitchen

## Indian Spiced Tapioca

5 1/2 cups whole organic milk • 2/3 cup organic sugar  
 6 Tbsp. minute tapioca • 2 eggs, free range, well beaten  
 1/4 tsp. cardamon • 1/4 tsp. cinnamon  
 2 tsp. vanilla

Mix milk, sugar, tapioca, eggs and spices in a heavy saucepan and let stand five minutes. Cook on medium heat, stirring constantly until mixture comes to a full boil. Remove from heat and stir in vanilla. Cool 20 minutes and store in glass containers in fridge. Garnish with fruit and crushed roasted pistachios. Makes 12 servings.

Cool and creamy, I thought this up after falling in love with Rasmalai, an East Indian cheese desert that is almost impossible to find. Cardamon is the secret ingredient here. Enjoy! Visit [www.theaskitchen.com](http://www.theaskitchen.com) for more recipes and information on organic foods.

Contributed by Cynthia Stacey



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